

UMANG Fellowship Announcement

- an initiative by the Center for Lifelong Learning,
School of Social Work,
Tata Institute of Social Sciences, Mumbai

I. About the Fellowship

This fellowship is focused on creating joyful teaching spaces for school teachers and a joyful, nurturing learning environment for their students.

II. Duration

This is a one year part-time fellowship which includes a training programme designed to help teachers upskill themselves while balancing the commitments of their full-time job.

III. Mode

Hybrid (a combination of in-person and online sessions). In-person training sessions will be held at TISS, Mumbai campus.

IV. Fee

This fellowship is offered **free of cost** to the selected participants thanks to our funding partner Flourishing Minds Fund, America.

V. Seats available: 50

VI. Who can apply

This fellowship is for **teachers** who are passionate about promoting mental health and social-emotional learning among their peers and students, and who want to equip themselves with the necessary tools to co-create joyful learning spaces in their classrooms.

Please refer to the 'Application Process' (Section X) to see if you meet the eligibility criteria.

VII. Objectives of the Fellowship

1. Increase teachers' awareness of the role that emotional safety plays in great teaching and learning.
2. Equip teachers with the skills and tools to manage their own wellbeing.
3. Equip teachers with the skills and tools to manage student wellbeing.
4. Support teachers to apply learnings from the fellowship to their classrooms through a project.

VIII. What is offered in this Fellowship to you as a teacher

1. Training to understand and apply state of the art SEL frameworks in your classroom context.

2. Tools and classroom management strategies to make your classroom a joyful learning space and you a great teacher.
3. Practices to help balance your own wellbeing with your students' wellbeing.
4. Mentorship and personalised support to implement an SEL project in your classroom.
5. Access to a community of peers and colleagues (including mental health practitioners) who share your goals and aspirations.
6. Certificate on completion of the Fellowship (upon meeting attendance and other requirements of the training programme).

IX. Timelines and Time Commitment

The next batch of the Fellowship will be launched in **December 2025**, and will last for **50 hours**.

- **First half** : 20 hours training across 3 months
 - 2 physical trainings (4h each)
 - 6 online trainings (2h each)
- **Second half** : 30-hour classroom project to be completed in 4-5 months

X. Application Process

A. Eligibility:

1. Graduate/Bachelor's degree in any subject
2. Is currently teaching in a school (government/non-government) with over 3 years of teaching experience
3. Is fluent in reading and writing English, and fluent in speaking Hindi
4. Willing to commit to the entire fellowship duration (i.e., one year)
5. Willing to apply learnings in their own classrooms with students, other teachers, and school stakeholders to transform schools into great SEL spaces
6. For applicants located outside Mumbai: Willingness to travel to TISS Mumbai at own expense for in-person trainings

B. How to Apply

Please email reachtougumang@gmail.com with the **subject** as 'Applying to be an UMANG Fellow and following documents:

1. Updated **CV/Resume**
2. A **write-up of 500 words** in PDF format stating your **1) motivation** to apply for this fellowship and **2) the project idea** that you intend to implement in your classroom as part of this fellowship programme.
3. If required, No Objection Certificate (NoC) from your organisation to participate in this Fellowship

The deadline to apply for the fifth cohort is November 8th, 2025.

Only shortlisted candidates will be contacted for the next round of personal interviews.