



Workshop Announcement

Centre For Lifelong Learning

Tata Institute of Social Sciences

Mumbai

In Collaboration with

Dawar for Arts and Development, Egypt

THE GUESTHOUSE

A PSYCHODRAMA WORKSHOP

With Ben Rivers, PhD, RDT

DATES

23-26 January 2017

TIME

9:30am – 4:30pm each day (full attendance is required).

LOCATION

Yoga Room, Gymkhana,
Ground Floor (Near TISS Dining Hall),
TISS Main Campus, Opp. Deonar Bus Depot,
Deonar, Mumbai 400088

COST

For TISS students and Alumni -Rs. 5000 (includes lunch and tea)

For Non TISSians –Rs. 7000 (includes lunch and tea)

WORKSHOP DESCRIPTION

The Guesthouse, by Jalal al-Din Rumi, is a poem that invites us to greet, honor and learn from all 'guests' who arise within our psyche:

Welcome and entertain them all!
Even if they're a crowd of sorrows,
who violently sweep your house
empty of its furniture,
still treat each guest honorably.
He may be clearing you out
for some new delight...
Be grateful for whoever comes,
because each has been sent
as a guide from beyond.

In this 4-day psychodrama workshop we will reflect upon Rumi's poem and its invitation to explore and befriend all aspects of our inner world, including those that are normally exiled or unwanted. In doing so, we will move towards a more curious, confident and compassionate relationship to self and others.

The workshop involves movement, singing, improvisation and psychodramatic enactment. Prior experience with these modalities is not required. Places are limited to 20 participants.

Please note, this workshop is not a training. Instead, it offers an opportunity for deep, personal exploration. The work may at times be emotionally intense so participants should be ready and prepared for that.

PSYCHODRAMA

Psychodrama is an action method, most frequently used for personal growth and psychotherapeutic purposes. In psychodrama, participants use role-play and spontaneous dramatization to develop self-awareness, release unwanted burdens, and practice specific actions they may wish to integrate into their life and relationships. Originally developed by Jacob L. Moreno, M.D. (1889–1974), psychodrama is now used in a variety of clinical and community-based settings around the world.

LANGUAGE

The workshop will be delivered in English.

SELECTION CRITERIA

Prior experience with Psychodrama is not required. However, priority will be given to TISS students, alumni and others with a background in community organizing, social work, psychiatry and psychotherapy. Only those who can commit to attending the entire workshop will be considered. Minimum age is 18 years.

Participation of students, staff and faculty from the same college/University is not encouraged. The workshop requires a readiness to engage in personal investigation and trauma response. This level of self-disclosure may not be appropriate where students and staff are together in the same workshop.

ORGANIZERS

This workshop is organized by the Centre for Lifelong Learning, TISS, Mumbai, in partnership with Dawar for Arts and Development, Egypt.

FACILITATOR



Dr. Ben Rivers was born in the UK and raised in Australia. He specializes in the use of psychodrama and playback theatre for community mobilization and collective trauma response. He has taught and practiced in Asia, Australia, Europe, the Middle East and North America, working extensively with communities impacted by violence, trauma and adversity. He is Co-Director of the Arab School of Playback Theatre (Adonis, Lebanon) and the Executive Director of Dawar (Cairo, Egypt). He holds a Master of Arts in Counseling Psychology with a concentration in Drama Therapy from the California Institute of Integral Studies (CIIS), USA and a PhD in Peace Studies from the University of New England, Australia. His articles have been published in professional journals around the world. He is a Registered Drama Therapist with the North American Drama Therapy Association and an Accredited Playback Theatre Trainer through the Centre for Playback Theatre, New York. He is currently based in Egypt.

ATTENDANCE POLICY

For the benefit of group process, punctuality and full attendance is required. We therefore ask you to apply only if you can commit to arriving on time and attending the entire workshop.

APPLICATION PROCESS

Step 1: Applicants must complete the online application form:

<https://docs.google.com/forms/d/e/1FAIpQLSddLLlSk5QxT6UVHK7XXabIRw9a50DxMHKOx0nUGKalzvPRsw/viewform>

Deadline for applications is January 10, 2017.

Step 2: Within 72 hours of receiving your application, the organisers will email you to confirm whether or not you have been selected.

Step 3: If you have been selected, you can finalise your registration by paying the tuition fee. All payments must be made by January 16, 2017. If we do not receive your fee by this date, your place will be given to someone else.

CONTACT AND ENQUIRIES, CENTRE FOR LIFELONG LEARNING

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